

# Adult Medical History (18 years or older)

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*This information is collected to better care for you. All records are kept confidential.*

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M F Marital Status: Single Married Separated Divorced Widowed

Place of Birth: \_\_\_\_\_ Religious Preference: \_\_\_\_\_

Education: \_\_\_\_\_ Employer: \_\_\_\_\_

I was referred to the practice by: \_\_\_\_\_

Pharmacy (name/intersection): \_\_\_\_\_ Mail Order (name/location): \_\_\_\_\_

Members in your household:

<u>Name</u>	<u>Relationship</u>	<u>Age</u>	<u>Occupation/Education</u>

Past medications not tolerated: \_\_\_\_\_

<u>Medications</u> (include herbs and OTC)	<u>Dose</u>	<u>Diagnosis</u>	<u>How long have you taken it?</u>

<u>Hospitalization/Surgery/Major Illnesses</u>	<u>Where</u>	<u>Year</u>

Have you had chicken pox? Y N Unsure Recent immunizations \_\_\_\_\_

Year of last tetanus booster: \_\_\_\_\_ physical exam: \_\_\_\_\_ dental exam: \_\_\_\_\_ eye exam: \_\_\_\_\_ colonoscopy: \_\_\_\_\_

Do you wear contacts, glasses or dentures? \_\_\_\_\_

Caffeine use (type, quantity): \_\_\_\_\_

Alcohol intake (type, servings per day): \_\_\_\_\_

Tobacco use (type, quantity, years and year quit): \_\_\_\_\_

Recreational drug use (type, years and year quit): \_\_\_\_\_

Exercise (type, frequency): \_\_\_\_\_ Hours of sleep: \_\_\_\_\_

Special diet: \_\_\_\_\_ Foreign travel in the last 6 months: \_\_\_\_\_

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Family History (including parents, siblings, grandparents, aunts and uncles):

Heart attack: \_\_\_\_\_

Diabetes: \_\_\_\_\_

Cancer (type): \_\_\_\_\_

Other: \_\_\_\_\_

Deceased family members with age and cause: \_\_\_\_\_

**Symptoms:** (circle if applicable)

- Weight gain or loss
- Increased thirst
- Fainting or black outs
- Seizures
- Frequent falls
- Dizziness
- Weakness or fatigue
- Hair loss or changes
- Rash or skin changes
- Easy bruising or bleeding
- Unusual sweating or night sweats
- Unusual lumps or bumps
- Trouble sleeping
- Snoring
- Daytime sleepiness
- Anxiety
- Depression
- Suicidal thoughts
- Significant Stress

- Cry frequently
- Decreased motivation or interest
- Poor memory
- Frequent headaches
- Eye/vision problems
- Ear/hearing problems
- Dental/mouth problems
- Nasal problems
- Sore throats
- Hoarseness
- Tuberculosis or positive test
- Cough
- Asthma/wheezing
- Shortness of breath
- Pneumonia
- Chest pain
- Irregular of fast heart beat
- Trouble swallowing
- Heartburn
- Stomach problems

- Constipation
- Diarrhea
- Change in stools
- Hemorrhoids
- Urinary problems
- Sexually active
- History of STD
- Back or neck problems
- Swelling
- Leg cramps or problems
- Joint pain
- Gout
- Numbness or tingling
- Tremor or shakiness
- Bone fractures
- For Men:**
- Prostate problems
- Discharge from penis
- Testicular pain or lump
- Erectile problems

**For Women:**

- Breast lump or pain
- Nipple discharge
- Abnormal pap smear
- Spotting between periods
- Discharge
- Pain with intercourse
- Hot flashes or menopause
- Bleeding after menopause

- Pelvic infections
- Trouble conceiving

Last Pap smear: \_\_\_\_\_ Last Mammogram: \_\_\_\_\_ Monthly self-breast exams (circle one): Y N

Last bone density test: \_\_\_\_\_ Last period: \_\_\_\_\_ Contraception type: \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ Deliveries: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_ Still births: \_\_\_\_\_